

River Terrace Church

Lent Triads

What are they?

3 men or 3 women who meet regularly during Lent (Feb 17-April 3) for about an hour to encourage each other in the faith. Variations are legal: people could form a quad, or form a triad or quad of households/couples.

Why now?

The 40 day period of leading up to Good Friday and Easter is an ideal time to give extra attention to growing in our faith. Also, the pandemic makes larger gatherings difficult—especially where childcare is an issue.

Who forms them?

Anyone. If you'd like help, staff will try to link two people who know each other, and encourage them to invite a third to join them. Staff will also give ideas for a third person if asked.

Where would they meet?

Wherever they want to—in person at an agreed upon meeting place (home, a park, restaurant, church), on Zoom, or....

How often?

It's up to the group. Every other week has worked well for some. In between, checking in with a text or email might be a plus for some.

How might a meeting go?

Chat a bit, have a brief prayer, discuss whatever content you've chosen, end with a prayer for what's been discussed and anything else you'd like to pray about.

Content Ideas for Lent:

1. Agree to read one chapter of *Glittering Vices: A New Look at the Seven Deadly Sins and Their Remedies* and discuss the reflection questions at the end of the chapter.
2. Agree to read the 5 daily devotional Bible readings provided through the website and email beginning Feb 19 and use the discussion questions provided to talk about the texts.
3. A triad could focus on doing some sort of service together, or kids activities, or....